

IF THIS IS YOUR FIRST VISIT:

Light a Candle: You are welcome to light a candle for someone before or after the Service. Candles are on the table at the right front of the x

Open Seating: Feel free to sit anywhere unless there is a 'reserved' cloth on a chair.

Join us for Coffee in the Lounge directly after Worship. As you leave the Sanctuary, take a left and go straight into the Lounge.

Visit our Library and bring your coffee. Check our online catalogue at www.librarycat.org/lib/KnoxUnitedChurch

Chapel: Enjoy some quiet time or contemplation in our Chapel at the end of the hall past the Lounge.

Newcomer's Meet & Greet: Come and meet our Minister Jennifer Ferguson, our Music Leader Jenny Vincent, and our Sunday School Teacher, Rane Love. Bring your coffee after the service and head to the chapel to meet other newcomers and members. **The next meet and greet will be on January 26, 2020.**

Children are welcomed and appreciated. We encourage you to seat them with Rane Love, our Sunday School teacher. She has activities for them at the small table, front left. After "Kid's Zone" Rane takes them to Sunday school. A nursery with a changing table is available in Room 4 for children ages 0-3.

Please note that our sanctuary is equipped with a loop system for the hearing impaired. If you wear a hearing-aid, please turn it to the "T" position.

In consideration of those who have allergies, we ask you to remember that Knox is a SCENT FREE ZONE

WE INVITE YOU TO ~~~

Pick up our Visitor's brochure in the entrance area.

Find us on the web www.kucparksville.ca

Visit our page on Facebook [/www.facebook.com/knoxparksville/](http://www.facebook.com/knoxparksville/)

COME AGAIN! We look forward to seeing you again. You can arrange for your name tag and mail slot.

SUNDAY CELEBRATION 10:00 AM KNOX UNITED CHURCH



January 12, 2020

345 Pym Street, Parksville, BC, V9P 1C8
(250) 248-3927 www.kucparksville.ca



Our Core Values are:

Compassion, Inclusion, Joy and Spirituality

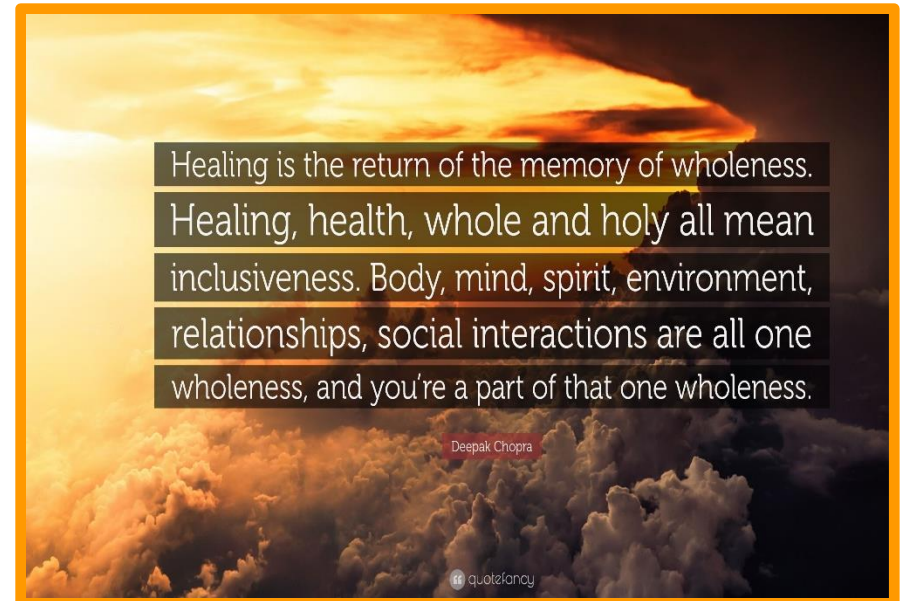
Our Mission:

Guided by the creative spirit of God, we strive to build community that cares, shares and dares.

Rev. Jennifer Ferguson, *Minister* Rev. Dr. M. Bruce McIntyre, *Minister Emeritus*
Jane Williams, *Administrator* Jenny Vincent, *Music Leader*
Karen Freeman, *Facility Coordinator* Jan & Bill Laurie, *Music Team*
Kathleen Howard, *Relief Administrator* Kathleen Garnett, *Scripture Reader*

Welcome to Worship at Knox! We extend a warm welcome to **all** who may be seeking a community of faith or visiting with us from away. May you receive what you need today and sense the presence of the Spirit of God moving among us.

REGIONAL PRAYER CYCLE – Prayers this week to the ministry and congregation of Denman Island United Church.



**BIG QUESTIONS JESUS ASKED:
DO YOU WANT TO BE WELL?**

In body or in spirit, please stand as you are able where indicated (*)

PREPARATION FOR WORSHIP

PRELUDE As you prepare yourself for Worship, we invite you to enjoy the music of the prelude and reflect quietly on the meditation.

MEDITATION "Healing is the return of the memory of wholeness. Healing, health, whole and holy all mean inclusiveness. Body, mind, spirit, environment, relationships, social interactions are all one wholeness, and you're a part of that one wholeness."
--Deepak Chopra

WELCOME AND LIFE AND WORK OF THE PEOPLE

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORY

***PASSING OF THE PEACE**

A TIME OF REJOICING

***Like a Healing Stream** **144MV**
Holy Spirit, Hear Us **377VU**

CENTERING PRAYER

KIDS' ZONE

CHILDREN'S HYMN **You've Got to Move** **9AGCS**
(Children are now invited to participate in a time of fun, food and learning in our Sunday school area)

A TIME OF REFLECTING

SCRIPTURE READING **John 5:1-22**

REFLECTION

MOMENT OF SHARING Knox's Healing Pathways Ministry

***HYMN** **Spirit God, Be Our Breath** **150MV**

A TIME OF HEALING

(Please feel free to make your way to one of the 3 healing stations for prayer and healing energy if you so choose)

PRAYERS OF THE PEOPLE AND LORD'S PRAYER

The Singing Bowl invites us to center...

The Lord's Prayer sung (Millennium Prayer)

A TIME OF RISING

***HYMN** **I Have Called You by Your Name** **161MV**

***BLESSING**

POSTLUDE We invite you to listen to the music as you "reflect" on the message and blessings of the morning.

~~~~~

**WEEKLY OFFERING** – THANK YOU, THANK YOU, THANK YOU for your financial gifts to our 9 ministries. Because of your generosity to our church home, this faith community can continue to be a place of inspiration, healing, spiritual growth, social justice and outreach and friendship. Please place your offering in the baskets provided on the communion table or on the table inside the main sanctuary doors before or after the worship service. Please contact Mary Allison Bell, Envelope Steward if you would like offering envelopes or to be put on PAR (Pre-authorized Remittance from bank account)

**TODAY AT KNOX**

**God Talk** after church in the chapel after the service. Pick up a coffee and join us to continue the conversation begun in worship.