## IF THIS IS YOUR FIRST VISIT:

Light a Candle: You are welcome to light a candle for someone before or after the Service. Candles are on the table at the right front of the Sanctuary.

**Open Seating:** Feel free to sit anywhere unless there is a 'reserved' cloth on a chair.

Join us for Coffee in the Lounge directly after Worship. As you leave the Sanctuary, take a left and go straight into the Lounge.

Visit our Library and bring your coffee. Check our online catalogue at www.librarycat.org/lib/KnoxUnitedChurch

**Chapel:** Enjoy some quiet time or contemplation in our Chapel at the end of the hall past the Lounge.

Newcomer's Meet & Greet: Come and meet our Minister Jennifer Ferguson, our Music Leader Jenny Vincent, and our Sunday School Teacher, Rane Love. Bring your coffee after the service and head to the chapel to meet other newcomers and members. The next meet and greet will be today after service.

Children are welcomed and appreciated. We encourage you to seat them with Rane Love, our Sunday School teacher. She has activities for them at the small table, front left. After "Kid's Zone" Rane takes them to Sunday school. A nursery with a changing table is available in Room 4 for children ages 0-3.

Please note that our sanctuary is equipped with a loop system for the hearing impaired. If you wear a hearing-aid, please turn it to the "T" position.

In consideration of those who have allergies, we ask you to remember that Knox is a SCENT FREE ZONE

#### WE INVITE YOU TO ~~~

Pick up our Visitor's brochure in the entrance area.

Find us on the web www.kucparksville.ca

Visit our page on Facebook /www.facebook.com/knoxparksville/

**COME AGAIN!** We look forward to seeing you again. You can arrange for your name tag and mail slot.

#### **SUNDAY CELEBRATION 10:00 AM** KNOX UNITED CHURCH



September 29, 2019

345 Pym Street, Parksville, BC, V9P 1C8 (250) 248-3927 www.kucparksville.ca



## Our Core Values are: **Compassion, Inclusion, Joy and Spirituality**

### Our Mission: Guided by the creative spirit of God, we strive to build community that cares, shares and dares.

Rev. Jennifer Ferguson, *Minister* Rev. Dr. M. Bruce McIntvre. *Minister Emeritus* Jane Williams, Administrator Karen Freeman, Facility Coordinator Kathleen Howard, Relief Administrator

Jenny Vincent, Music Leader Jan & Bill Laurie, Music Team Alison Stewart, Scripture Reader

Welcome to Worship at Knox! We extend a warm welcome to all who may be seeking a community of faith or visiting with us from away. May you receive what you need today and sense the presence of the Spirit of God moving among us.

#### **PRESBYTERY PRAYER CYCLE** – Prayers this week to Active and

Retired Clergy, and lay leaders on Vancouver Island.

The Twelve Step Process. Steps 11, 12.

- 11. Sought through prayer and meditation to improve our conscious contact with God, as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others and to practice these principles in all our affairs.

# THE TWELVE STEPS

- 1. I can't
- 2. God can
- 3. Let God
- 4. Look within
- 5. Admit wrongs
- 6. Ready self for change
- Seek God's help
- Become willing
- 9. Make amends
- 10. Daily inventory
- 11. Pray and meditate
- 12. Give it away

## THE TWELVE STEPS OF SPIRITUALITY STEPS 11, 12

## Maintaining our Connection to Source and Others

In body or in spirit, please stand as you are able where indicated (\*)

## LIGHTING OF THE CHRIST CANDLE

## **PREPARATION FOR WORSHIP**

#### PRELUDE

As you prepare yourself for Worship, we invite you to enjoy the music of the prelude and reflect quietly on the meditation.

#### **MEDITATION**

"I have so much to do that I should spend the first 3 hours in prayer." --Martin Luther

WELCOME AND LIFE AND WORK OF THE PEOPLE

### ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORY

**\*PASSING OF THE PEACE** 

### A TIME OF REJOICING

*It's a Song of Praise to the Maker	30MV
Open Our Hearts	21MV

#### **CENTERING PRAYER**

#### **KIDS' ZONE**

CHILDREN'S HYMN I Can Feel You Near Me God 48MV (Children are now invited to participate in a time of fun, food and learning in our Sunday school area.)

### A TIME OF REFLECTING

SCRIPTURE READING Colossians 1:9-12, Mark 1:35-39, Matthew 10:1-2, 5-8 from The Message

CHOIR ANTHEM Closer to God ... Nancy Telfer

REFLECTION

\*HYMN Come and Find the Quiet Centre 374VU

### ANGELS AMONG US

#### PRAYERS OF THE PEOPLE AND LORD'S PRAYER

The Singing Bowl invites us to center...

Sung Response: Send Me, Lord v.1,2,3 572VU

The Lord's Prayer (spoken)

## A TIME OF RISING

\*HYMN

Sent Out in Jesus' Name

212MV

#### \*BLESSING

#### POSTLUDE

We invite you to listen to the music as you "reflect" on the message and blessings of the morning.

**WEEKLY OFFERING –** We are grateful for your financial gifts to our 9 ministries. Please place your offering in the baskets provided on the communion table or on the table inside the main sanctuary doors before or after the worship service. Please contact Mary Allison Bell, Envelope Steward if you would like offering envelopes or to be put on PAR (Pre-authorized Remittance from bank account).

## TODAY AT KNOX

God Talk at 11:30 am in the Chapel Newcomer Meet and Greet at 11:30 am in the Lounge

