

IF THIS IS YOUR FIRST VISIT:

Light a Candle: You are welcome to light a candle for someone before or after the Service. Candles are on the table at the right front of the Sanctuary.

Open Seating: Feel free to sit anywhere unless there is a 'reserved' cloth on a chair.

Join us for Coffee in the Lounge directly after Worship. As you leave the Sanctuary, take a left and go straight into the Lounge.

Visit our Library and bring your coffee. Check our online catalogue at www.librarycat.org/lib/KnoxUnitedChurch

Chapel: Enjoy some quiet time or contemplation in our Chapel at the end of the hall past the Lounge.

Newcomer's Meet & Greet: Come and meet our Minister Jennifer Ferguson, our Music Leader Jenny Vincent, and our Sunday School Teacher, Rane Love. Bring your coffee after the service and head to the chapel to meet other newcomers and members. The next meet and greet will be on September 29, 2019.

Children are welcomed and appreciated. We encourage you to seat them with Rane Love, our Sunday School teacher. She has activities for them at the small table, front left. After "Kid's Zone" Rane takes them to Sunday school. A nursery with a changing table is available in Room 4 for children ages 0-3.

Please note that our sanctuary is equipped with a loop system for the hearing impaired. If you wear a hearing-aid, please turn it to the "T" position.

In consideration of those who have allergies, we ask you to remember that Knox is a SCENT FREE ZONE

WE INVITE YOU TO ~~~

Pick up our Visitor's brochure in the entrance area.

Find us on the web www.kucparkville.ca

Visit our page on Facebook [/www.facebook.com/knoxparkville/](http://www.facebook.com/knoxparkville/)

COME AGAIN! We look forward to seeing you again. You can arrange for your name tag and mail slot.

SUNDAY CELEBRATION 10:00 AM KNOX UNITED CHURCH



September 15, 2019

345 Pym Street, Parksville, BC, V9P 1C8
(250) 248-3927 www.kucparkville.ca



Our Core Values are:

Compassion, Inclusion, Joy and Spirituality

Our Mission:

***Guided by the creative spirit of God, we strive to build
community that cares, shares and dares.***

Rev. Jennifer Ferguson, *Minister* Rev. Dr. M. Bruce McIntyre, *Minister Emeritus*
Jane Williams, *Administrator* Jenny Vincent, *Music Leader*
Karen Freeman, *Facility Coordinator* Jan & Bill Laurie, *Music Team*
Kathleen Howard, *Relief Administrator* Marie Ducharme, *Scripture Reader*

Welcome to Worship at Knox! We extend a warm welcome to **all** who may be seeking a community of faith or visiting with us from away. May you receive what you need today and sense the presence of the Spirit of God moving among us.

PRESBYTERY PRAYER CYCLE – Prayers this week to Rev. Keltie van Binsbergen and congregation at Comox United Church.

The Twelve Step Process. Steps 4,5,6,7.

4. Made a searching & fearless moral inventory of ourselves
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs
6. Were entirely ready to have God remove all these defects of character
7. Humbly asked God to remove our shortcomings

MY DAILY MORAL INVENTORY

LIABILITIES

WATCH FOR.....

ANGER.....	SELF CONTROL
SELF-PITY.....	SELF-FORGETFULNESS
SELF-JUSTIFICATION.....	INTEGRITY
SELF-IMPORTANCE.....	MODESTY
SELF-CONDEMNATION.....	SELF-ESTEEM
DISHONESTY.....	HONESTY
IMPATIENCE.....	PATIENCE
HATE.....	LOVE
RESENTMENT.....	FORGIVENESS
FALSE PRIDE.....	HUMILITY
JEALOUSY.....	TRUST
ENVY.....	GENEROSITY
LAZINESS.....	ACTIVITY
PROCRASTINATION.....	PROMPTNESS
INSINCERITY.....	STRAIGHTFORWARDNESS
NEGATIVE THINKING.....	POSITIVE THINKING
CRITICIZING.....	LOOK FOR THE GOOD
FEAR.....	FAITH

ASSETS

STRIVE FOR.....

SELF CONTROL
SELF-FORGETFULNESS
INTEGRITY
MODESTY
SELF-ESTEEM
HONESTY
PATIENCE
LOVE
FORGIVENESS
HUMILITY
TRUST
GENEROSITY
ACTIVITY
PROMPTNESS
STRAIGHTFORWARDNESS
POSITIVE THINKING
LOOK FOR THE GOOD
FAITH

**THE TWELVE STEPS OF SPIRITUALITY
STEPS 4, 5, 6, 7
LOOKING IN THE MIRROR**

In body or in spirit, please stand as you are able where indicated (*)

LIGHTING OF THE CHRIST CANDLE

PREPARATION FOR WORSHIP

PRELUDE

As you prepare yourself for Worship, we invite you to enjoy the music of the prelude and reflect quietly on the meditation.

MEDITATION “We have seen the enemy, and the enemy is us”
--Pogo

WELCOME AND LIFE AND WORK OF THE PEOPLE

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORY

***PASSING OF THE PEACE**

A TIME OF REJOICING

*Spirit, Open My Heart 79MV
Breathe on Me, Breath of God v.1 382VU

CENTERING PRAYER

KIDS' ZONE

CHILDREN'S HYMN **One More Step v.1,3,4,5** 639VU
(Children are now invited to participate in a time of fun, food and learning in our Sunday school area.)

A TIME OF REFLECTING

SCRIPTURE READING Romans 7:15-25; Psalm 32:3-5
from The Message

REFLECTION

MOMENT OF SHARING Lori Germaine

A TIME FOR REPENTANCE

CHOIR ANTHEM Change My Heart O God
Eddie Espinosa, arr. by Joel Ranley

CONFESSION (UNISON) God of Our Understanding,
We humbly recognize our humanity and the shortcomings that have prevented us from being our best selves. We take responsibility for the ways we have disappointed ourselves and others with our words and actions and regret the harm we have done. In the silence of our own hearts, we name the people we have hurt and the negative attributes we have indulged in, and ask for your help and guidance in becoming a better human...
(silent prayer as we reflect on the list provided on the front cover)

Sung Response Kyrie Eleison 946VU

ASSURANCE OF GRACE (UNISON)

We have acknowledged some hard truths about ourselves and we trust that God's grace is sufficient. Jesus promised that we shall know the truth, and the truth shall set us free. We trust the good news that our wrongs are indeed forgiven. For God spoke through the scriptures and said: "As far as the east is from the west, I have blotted out your wrongdoings and I remember them no more." We are being made new creations through the Spirit born of Divine Love. Thanks be to God.

SUNG ASSURANCE How Deep The Peace 95MV

PRAYERS OF THE PEOPLE AND LORD'S PRAYER

The Singing Bowl invites us to center...

The Lord's Prayer (sung) 959VU

A TIME OF RISING

***HYMN** Make a Joyful Noise 820VU

***BLESSING**

POSTLUDE

We invite you to listen to the music as you "reflect" on the message and blessings of the morning.

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**WEEKLY OFFERING** – We are grateful for your financial gifts to our 9 ministries. Please place your offering in the baskets provided on the communion table or on the table inside the main sanctuary doors before or after the worship service. Please contact Mary Allison Bell, Envelope Steward if you would like offering envelopes or to be put on PAR (Pre-authorized Remittance from bank account).