

IF THIS IS YOUR FIRST VISIT:

Light a Candle: You are welcome to light a candle for someone before or after the Service. Candles are on the table at the right front of the Sanctuary.

OPEN SEATING: Feel free to sit anywhere unless there is a 'reserved' cloth on a chair.

Join us for Coffee in the Lounge directly after Worship. As you leave the Sanctuary, take a left and go straight into the Lounge.

Visit our Library and bring your coffee. Check our online catalogue at www.librarycat.org/lib/KnoxUnitedChurch

Chapel: Enjoy some quiet time or contemplation in our Chapel at the end of the hall past the Lounge.

Newcomer's Meet & Greet: Come and meet our Minister Jennifer Ferguson, our Music Leader Jenny Vincent, and our Sunday School Teacher, Rane Love. Bring your coffee after the service and head to the chapel to meet other newcomers and members. The next meet and greet will be on June 30, 2019.

Children are welcomed and appreciated. We encourage you to seat them with Rane Love, our Sunday School teacher. She has activities for them at the small table, front left. After "Kid's Zone" Rane takes them to Sunday school. A nursery with a changing table is available in Room 4 for children ages 0-3.

Please note that our sanctuary is equipped with a loop system for the hearing impaired. If you wear a hearing-aid, please turn it to the "T" position.

In consideration of those who have allergies, we ask you to remember that Knox is a SCENT FREE ZONE

WE INVITE YOU TO ~~~

Pick up our Visitor's brochure in the entrance area.

Find us on the web www.kucparksville.ca

Visit our page on Facebook www.facebook.com/knoxparksville/

COME AGAIN! We look forward to seeing you again. You can arrange for your name tag and mail slot.

SUNDAY CELEBRATION 10:00 AM KNOX UNITED CHURCH



June 30, 2019

345 Pym Street, Parksville, BC, V9P 1C8
(250) 248-3927 www.kucparksville.ca



Our Core Values are:

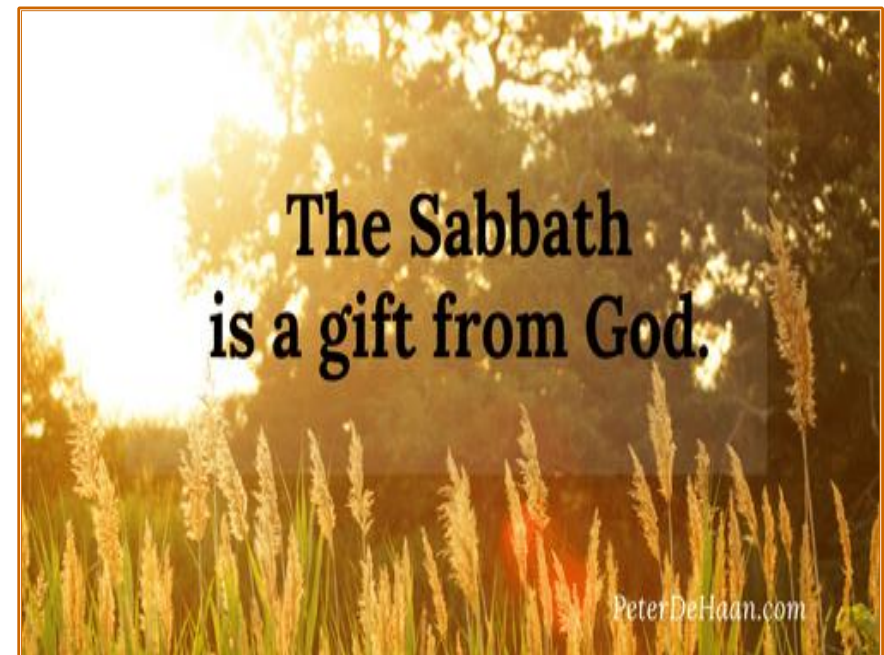
Compassion, Inclusion, Joy and Spirituality

Our Mission:

Guided by the creative spirit of God, we strive to build community that cares, shares and dares.

Rev. Jennifer Ferguson, *Minister* Rev. Dr. M. Bruce McIntyre, *Minister Emeritus*
Jane Williams, *Administrator* Joan Paton, *Guest Music Leader*
Karen Freeman, *Facility Coordinator* Jan & Bill Laurie, *Music Team*
Kathleen Howard, *Relief Administrator* Dana Goedbloed, *Scripture Reader*

Welcome to Worship at Knox! We extend a warm welcome to **all** who may be seeking a community of faith or visiting with us from away. May you receive what you need today and sense the presence of the Spirit of God moving among us.



SUMMER SABBATH REST

In body or in spirit, please stand as you are able where indicated (*)

LIGHTING OF THE CHRIST CANDLE

PREPARATION FOR WORSHIP

PRELUDE:

As you prepare yourself for Worship, we invite you to enjoy the music of the prelude and reflect quietly on the meditation.

MEDITATION:

“A life built upon Sabbath is contented because in rhythms of rest we discover our time is full of the holiness of God.”

— Shelly Miller, Rhythms of Rest: Finding the Spirit of Sabbath

WELCOME AND LIFE AND WORK OF THE PEOPLE

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORY

***PASSING OF THE PEACE**

A TIME OF REJOICING

*Come and Find the Quiet Centre 374VU
Rest in God Alone (chant) 779VU

CENTERING PRAYER

KIDS' ZONE

A TIME OF RE-MEMBERING

COMMUNION HYMN: Eat This Bread v.1, 2 471VU

INVITATION TO COMMUNION

One: We gather in this sacred space to rest awhile.
All: For Jesus' yoke is easy and his burden is light.
One: May we come to this table aware that none of us is perfect, that we all need the understanding of Jesus and one another, that we are all in this together.
All: At this table may the brokenhearted be lifted up, the conflicted find peace and understanding, thirsty souls be quenched, and the weary fed and strengthened for the journey that lies ahead.

**BREAKING OF THE BREAD AND POURING OF THE CUP
SHARING OF THE BREAD AND CUP
PRAYER AFTER COMMUNION**

COMMUNION HYMN: Eat This Bread v.3 471VU

(Children are now invited to participate in a time of fun, food and learning in our Sunday School area)

A TIME OF REFLECTING

SCRIPTURE READING: Matthew 11:28-12:8

REFLECTION:

HYMN: In the Quiet Curve of Evening 278VU

PRAYERS OF THE PEOPLE and LORD'S PRAYER

The Singing Bowl invites us to center....

Sung Response: Rest in God Alone 779VU

A TIME OF RISING

***HYMN:** The Day Thou Gavest 437VU

***BLESSING**

POSTLUDE:

We invite you to listen to the music as you 'reflect' on the message and blessings of the morning.

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**WEEKLY OFFERING** – We are grateful for your financial gifts to our 9 ministries. Please place your offering in the baskets provided on the communion table or on the table inside the main sanctuary doors before or after the worship service. Please contact Mary Allison Bell, Envelope Steward if you would like offering envelopes or to be put on PAR (Pre-authorized Remittance from bank account).

**TODAY AT KNOX**

**Meet and greet in the chapel**