

ANNOUNCEMENTS

Welcome to Our Service of Worship at Knox! We extend a warm welcome to all who may be visiting with us this morning. Please know that visitors are welcome to participate in every part of our worship service. If you are visiting from near or from afar, thank you for finding your way to Knox. We welcome you. A nursery is available in Room 4 for children 0-3. A changing table is in the nursery.

KNOX COMMUNITY NEWS

CONGREGATIONAL GATHERING

This is a reminder that a congregational gathering is planned for Sunday, March 17 from 11:30 am to 2:00 pm. Lunch will be provided like the congregational meeting on March 3rd. There will be a variety of sandwiches, including gluten free and dairy free, desserts and refreshments. This is an important meeting where we will be reviewing and thinking about several alternative mission statements drafted by the writers and learning keepers. The goal is to see if we can reach a broad consensus on a mission statement. We are looking forward to seeing as many people as possible at this meeting as we approach the conclusion of the mission process. The Mission Planning Team.

Thank you to the Prayer Chain for your prayers on behalf of my dear brother Harry Kittelson, who passed away peacefully on March 11 surrounded by family. We both appreciated the support. Martha Pow.

It is with sadness that we inform you of the passing of Adele Paruk on March 14. Adele was a faithful and long-time member of Knox. Please keep Adele's family in your prayers as they grieve the passing of their beloved mother and grandmother. A Celebration of her Life will be held at Knox on Sat. May 11 at 3:00 pm.

Congratulations & richest blessings to George Sheard on your 80th birthday. A \$25 gift will be given from the UCW to the Knox Minister's Discretionary Fund in honour of this special day. God bless you from the congregation of Knox United Church.

WORSHIP AND ARTS

PRESBYTERY PRAYER CYCLE – Prayers this week Deborah

Murray and the congregation at Port McNeill.

SACRED ARTS@KNOX Water Structuring – To honour and celebrate **Global Water Day on March 22**, Delaine Walsh, a vibrational healer, will use an Alchemy of Sound, Colour, Light and focused Healing Intent to create Structured Water for personal empowerment and planetary healing. **Friday, March 22, 1-3 pm** at Knox United Church. Admission by donation. More info: email music@kucparksville.ca

SOCIAL JUSTICE & OUTREACH

GREEN TEAM CHALLENGE – Only run the washer, dryer and dishwasher when you have a full load. Wash your clothes in cold water. Hang them to dry on a clothes horse.

GIVE IT UP FOR THE EARTH – A Lenten project of our church. There are still many postcards to go to the Prime Minister asking him to take action about Climate Change. You can find them in the narthex. Take one to give to someone you know that would be concerned enough to sign and mail this postcard.

TAKING COMMUNITY TO HEART – **March 27, 1 – 3 pm at Knox.** Listen to inspiring personal stories & guided conversation with other community members on how we can support vulnerable people. RSVP at Forward House by **March 25** by calling 250-954-0785. See poster outside the church office for details.

COLDEST NIGHT OF THE YEAR - It is not too late to donate to the CNOY. Please make out your cheque to Coldest Night of the Year before **March 31, 2019**, and I will mail it in for you. Donations of \$20.00 or more will receive a tax receipt. Thanks for your support. Totals of the amount raised this year will be available at the end of March when I will be happy to report that information to you. Thanks, Margaret Warburton

PLASTIC NEWSPAPER BAGS – I am no longer collecting these. They are biodegradable for your recycling or can be taken to the office beside Serious Coffee. Thanks, Jackie Parker.

FUN, FAMILY AND FRIENDS

KNOX IMPROVER/INTERMEDIATE LINE DANCING CLASSES

Want to challenge your Line Dancing skills? Join Carol at Knox at **6 p.m. every Fri.** until April 5. These are fun, drop-In, Improver/Intermediate Line Dancing Classes at only \$3 per session. Everyone welcome.

KNOX MEN'S CLUB NOTICE – The Men's Club notifies all men of the church, especially new members, they are having their March breakfast meeting on Thursday, March 21st in the lounge. We'll start with coffee & socializing at 8 am, at 8:30, a very short business meeting preceding an appetizing hot breakfast. Then our guest speaker Gerry Jeffs from RBC will talk about estate planning and withdrawing funds out of RIF accounts. He may bring an accountant to answer technical questions. Gerry was well received in January and many requested that he return. This will be an informative, pleasant presentation. If anyone has questions about the Men's Club, please contact Ken Armstrong at 250-248-0587 or Armstrong.gk@shaw.ca

TEA + COFFEE SERVERS ARE NEEDED following our Worship Services on **ALL Sundays in April.** Please contact Barb Roberts at barb664@shaw.ca or 250-248-7171 if you can help.

SPRING FLING – GOT YOUR ACT TOGETHER? April 6. Come join us for Beef on a Bun, and an "amazing display of talent". Family oriented, bring your friends. Doors open at **5:30 pm.** Supper at **6:00 pm.** Entertainment commencing at **7:00 pm.**

KNOX PLANT SALE & UCW BAKE SALE SATURDAY APRIL 27TH
9:00 – 12:00 PM

Perfect ingredients for success are donations and volunteers! *The volunteer sign-up center will appear in the hall in April.* In the meantime, please think about donations you can make from your garden or your neighbour's. (I suggest asking them first, though!) Gardening books, tools & accessories are also welcome.

Don't have a garden? How about indoor plants or pots you no longer need? Do you know about our POT BINS? They are located behind the

fence at the back by the white shed. "Drop off or pick up". Clean pots are welcome but NO tiny (3 in. or less) pots please, NO hanging baskets and NO divider trays. Take what you need. Questions and comments welcome. Sandy Dunn 250-248-6393 or sandyd@telus.net

SACRED SPACES

When exiting the building, at any time, please be certain that the door you are using is closed tight. This is of concern when using the external doors near the lounge, kitchen, washrooms or columbarium. It has been discovered that these doors are closed, but NOT latched on many occasions leaving the staff at risk depending on the time of day and leaving the building accessible to theft. Thanks for your attention to this matter. Margaret Warburton, Co-Lead Sacred Spaces

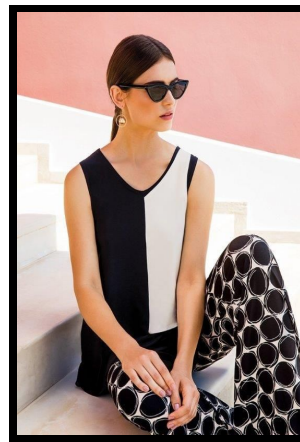
STEWARDSHIP AND FINANCE



KNOX PRESENTS...

THE GREATER VICTORIA POLICE CHORUS

Beth Brown will be selling tickets in the narthex today after service.
Tickets are **\$17 in advance** and **\$20 at the door.**



KNOX 1st ANNUAL FASHION SHOW

If you have new or next-to-new donations for the Silent Auction at the Fashion Show, please contact Margaret Warburton at 250-951-0538 or warburton59@shaw.ca. Tickets are limited. They are only \$20 and will be sold in the narthex after church today.

ON – We still need 8 people to help distribute the Fashion Show Posters starting the week of **March 24.** If you can help, please sign up with Beth Brown in the narthex today.

19 CONCERT SERIES AT KNOX–Tickets for

the remaining concert are available now. The final concert, **Of Boats and Music**, takes place on **Sunday, May 5, 2019**, at **2 pm** with Jenny Vincent on organ, the Schooner Cover Singers chamber choir, Dr. Elroy Friesen, conductor and will feature the work of artist Tony Grove.

FALL FAIR 2019 – SEPTEMBER 14, 2019

Be sure to mark your calendar and set aside this date for our next Fall Fair. If you have donations that you cannot store until September, please call Margaret Warburton at 250-951-0538 or warburton59@shaw.ca to arrange for a pick-up or drop-off.



HEALING AND PASTORAL CARE

“IN THIS TOGETHER” - Knox's emotional health, peer support, group meets every **Monday, 1:30 pm – 2:30 pm**, in room 6.

HEALING MINISTRY - Give yourself the gifts of peace, healing and compassionate care...Knox's Healing Ministry is part of the national Healing Pathway program. Volunteer practitioners are trained to provide a safe, channel of loving Divine energy. “The foundation of the program lies in the long tradition of healing within the Christian faith. The aim of healing is to restore balance and harmony within the energy system and thus enable the self-healing of the individual.” Call the church office at 250-248-3927 to book a healing session for one hour: Tuesday: morning, or afternoon, and Friday mornings. Appointments are by donation.

KNOX HEALING HOUSE APRIL 2, 3 & 4TH - Our Healing Pathway Ministry's third Healing House will be held on April 2, 3 and 4th. Please see volunteers in the Narthex after the service to book appointments for yourself and friends. You may also contact Linda Skogstad at T 250-752-2345 or Email linda.skogstad@telus.net to book appointments.

MINISTRY & PERSONNEL

Rev. Jennifer Ferguson: Monday-Thursday (Note: Jennifer's schedule varies with meetings etc. If you would like to meet with her for pastoral care, please call her to make an appointment at **250-927-6061**, or email minister@kucparksville.ca or leave a message in the office.)

NOTE: Jennifer's days off are Fridays and Saturdays.

SPIRITUAL FORMATION

CENTERING PRAYER – Mondays 11 – 11:45 am, group practice.

DROP IN BIBLE STUDY - With Jennifer **Wednesdays at 10:00 am**. With those gathered, we will delve into the scripture to be discussed in Worship for the upcoming week and discover how it applies to our own lives. All perspectives and insights are welcome.

“AN OPEN EXPLORATION OF LIFE AFTER DEATH” - Spiritual Formation Book Study. This is an open exploration of life after death. If you have lost a loved one or are curious about what happens when we die, this course is for you. If you are interested in attending these sessions, please register by emailing admin@kucparksville.ca.

Book 4. Thursdays **March 21st & 28th; April 4th, 11th, 18th & 25th, May 2nd & 9th 10–12 pm.**
“Destiny of Souls” by Michael Newton

KNOX WOMEN'S RETREAT – 25 spaces are available at Bethlehem Centre for our annual retreat on **May 3rd & 4th**. Please join us and engage with other women from Knox. We are calling it **“Bloom Where You're Planted”** and we will explore the lives of four mystic women through the ages looking at how their stories impact our lives.



The cost is **\$150** per person including accommodation and meals. Please complete the Registration Form available on the Knox website and at the Administrator's office. We are unable to accept credit and/or debit cards and would ask that you pay by cheque or cash.

Please place all Registration Forms in the mailbox of Jan du Monde If paying by cheque, please place cheque and your completed form in an envelope and place in Jan's mailbox. (Payable to Knox United Church)

If paying by cash, please place the money in an envelope marked with your name and the amount and hand it to Jane Williams in the office.

PLEASE NOTE: We must receive payment with the registration as we must pay Bethlehem Centre six weeks prior to the Retreat. Your understanding is appreciated.

Note: Those needing assistance with the cost please speak with Jennifer

as some funds are available and we want you there!
Spiritual Formation Jan du Monde – Co Chair

COMMUNICATIONS

EMPTY BOTTLES/CANS - If you have empty bottles and cans for return, please consider having the refunds credited to Knox at either the Parkville or Qualicum bottle exchanges. Thank you, Communications Committee.

OBSERVER MAGAZINE - Requests for the Observer subscription should be made today, **March 17th**. Call Cathy 250-248-1259 or email catb@shaw.ca

KNOX CALENDAR March 17 – March 24, 2019

Sunday, March 17

| | | |
|--------------------------|---------------------|-----------|
| Worship Service | 10:00 am – 11:00 am | Sanctuary |
| Congregational Gathering | 11:30 am – 2:00 pm | All Rooms |

Monday, March 18

| | | |
|---|---------------------|-------------|
| Line Dancing | 10:00 am – 12:00 pm | Rooms 1 & 2 |
| Centering Prayer | 11:00 am – 11:45 | Sanctuary |
| Library Work Party | 1:00 pm – 3:00 pm | Library |
| M & P Meeting | 1:00 pm – 3:00 pm | Room 5 |
| In this Together (Mental Health Support Group) | 1:30 pm – 2:30 pm | Room 6 |
| Nominating Committee | 1:30 pm – 4:00 pm | Rooms 1 & 2 |
| Handbell Choir | 7:00 pm – 8:30 pm | Sanctuary |
| Cantando Singers | 7:00 pm – 9:00 pm | Rooms 1 & 2 |

Tues, March 19

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|------------------|--------------------|-------------|
| Healing Ministry | 9:30 am – 11:30 pm | Room 6 |
| PDMA Rehearsal | 9:30 am – 11:30 am | Sanctuary |
| UCW | 1:00 pm – 3:30 pm | Lounge |
| Council Meeting | 7:00 pm – 9:30 pm | Lounge |
| Community Choir | 7:00 pm – 9:30 pm | Sanctuary |
| AA | 7:00 pm – 8:30 pm | Rooms 1 & 2 |

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|----|-------------------|--------|
| OA | 7:30 pm – 8:30 pm | Room 5 |
|----|-------------------|--------|

Wed, March 20

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|---------------------|---------------------|-----------|
| Drop-in Bible Study | 10:00 am – 12:00 pm | Room 6 |
| Healing Ministry | 1:30 pm – 3:00 pm | Room 6 |
| Knox Choir | 7:00 pm – 9:00 pm | Sanctuary |

Thursday, March 21

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|------------|---------------------|-----------|
| Men's Club | 7:00 am – 10:00 am | L/K |
| Book Study | 10:00 am – 12:00 pm | Chapel |
| Rainbows | 6:30 pm – 8:00 pm | All Rooms |

Friday, March 22

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|------------------|---------------------|-------------|
| Healing Ministry | 9:30 am – 11:30 am | Room 6 |
| Manna | 10:30 am – 12:00 pm | Kitchen |
| OA | 12:00 pm – 1:00 pm | Room 5 |
| Sacred Arts | 1:00 pm – 4:00 pm | Sanctuary |
| Line Dancing | 6:00 pm – 7:00 pm | Rooms 1 & 2 |

Sunday, March 24

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|-----------------------|---------------------|-----------|
| Worship Service | 10:00 am – 11:00 am | Sanctuary |
| Police Chorus Concert | 2:00 pm – 4:00 pm | Sanctuary |

Knox United Church Council 2018-19

Executive Officers of Council

| | | |
|--------------------------------------|---|--|
| Chair | George Pearson | george@kucparkville.ca |
| Vice Chair | Lois Grill | vicechair@kucparkville.ca |
| Past Chair | Gerry Garnett | pastchair@kucparkville.ca |
| Secretary | Linda Nelson | councilsec@kucparkville.ca |
| Stewardship & Finance Minister | Bev Harrison Dennis Riley Jennifer Ferguson | finance1@kucparkville.ca dpriley@shaw.ca minister@kucparkville.ca |

Additional Council Members

| | | |
|-----------------|---|--|
| Treasurer | Ken Fanning | acctg@kucparkville.ca |
| Trustee Rep | Wayne Larson | larsonw@shaw.ca |
| Presbytery Reps | Sandra Machan Rick Roberts Carol Ross | trustees@kucparkville.ca rick.roberts@shaw.ca rosscaa@hotmail.com |

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|---------------------------------------|----------------------------|--|
| | Ken Fanning | acctg@kucparksville.ca |
| | Jennifer Ferguson | minister@kucparksville.ca |
| Member at Large | Bob McInnes | memberatlarge@kucparksville.ca |
| | Roxey Edwards | edwokr@shaw.ca |
| Ministry Team Leads on Council | | |
| Worship & Arts | Shirlene Donnelly | shirlene_donnelly@yahoo.com |
| Spiritual Formation | Jan du Monde | sf@kucparksville.ca |
| | Margo Pearson | |
| Ministry & Personnel | Mary Ellen Campbell | mandp@kucparksville.ca |
| Healing & Pastoral Care | Mary-Allison Bell | |
| | | pastoralandhealing1@kucparksville.ca |
| | Maureen Loudon | maureenloudon@shaw.ca |
| Sacred Spaces | Margaret Warburton | |
| | | sacredspaces1@kucparksville.ca |
| | | sacredspaces2@kucparksville.ca |
| Communications | Ian Ward | communications@kucparksville.ca |
| Fun, Family & Friends | Jo Dunn | |
| Social Justice | Carol Ross | rosscaa@hotmail.com |
| & Outreach | Alison Stewart | ab.stewart@shaw.ca |
| | Donna Kennedy | djkparks@yahoo.ca |
| Healing Pathway Team | Lois Grill, Coordinator | vicechair@kucparksville.ca |

Knox United Church Email Addresses

Knox Staff Email Contact Info

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|--|--|
| Rev. Jennifer Ferguson, Minister: | minister@kucparksville.ca |
| Jenny Vincent, Music Leader: | music@kucparksville.ca |
| Jane Williams, Administrator: | admin@kucparksville.ca |
| Karen Freeman, Facility Coordinator: | facility@kucparksville.ca |
| Ken Fanning, Treasurer: | acctg@kucparksville.ca |
| Kathleen Howard, Relief Admin: | knoxweekly@kucparksville.ca |
| Tech Team: | tech@kucparksville.ca |
| Library: | library@kucparksville.ca |
| Carmen Corbet, Custodian: | custodian@kucparksville.ca |
| Website: | https://www.kucparksville.ca |



Sunday, March 17, 2019

LENT 2

**The Gospel According to Broadway
Musicals**

Letting Your Light Shine

Knox United Church