

**SUNDAY CELEBRATION 10:00 AM
KNOX UNITED CHURCH**



January 6, 2019

345 Pym Street, Parksville, BC, V9P 1C8
(250) 248-3927 www.kucparksville.ca

Compassion, Inclusion, Joy and Spirituality

Rev. Jennifer Ferguson, *Minister* Rev. Dr. M. Bruce McIntyre, *Minister Emeritus*
Jane Williams, *Administrator* Jenny Vincent, *Music Leader*
Karen Freeman, *Facility Coordinator* Jan & Bill Laurie, *Music Team*
Kathleen Howard, *Relief Administrator* Wayne Larson, *Scripture Reader*
Joan Paton, *Piano*

Reel Theology: The Lights in our Lives

Please note that our sanctuary is equipped with a loop system for the hearing impaired. If you wear a hearing-aid, please turn it to the "T" position.

Thank you for remembering that Knox strives to be a SCENT FREE ZONE

In body or in spirit, please stand as you are able where indicated (*)

LIGHTING OF THE CHRIST CANDLE

PREPARATION FOR WORSHIP

WELCOME AND LIFE AND WORK OF THE PEOPLE

A TIME OF REJOICING

*I Am the Light of the World 87VU
Bathe Me in Your Light 82MV

CENTERING PRAYER

KIDS' ZONE

CHILDREN'S HYMN: One Light, One Sun
92AGCS

(Children are now invited to participate in a time of fun, food and learning in our Sunday school area)

A TIME OF REFLECTING

SCRIPTURE READING: Luke 2:25-40

REFLECTION

***HYMN:** A Light Is Gleaming 82VU

MOMENT OF SHARING

PRAYERS OF THE PEOPLE and LORD'S PRAYER

The Singing Bowl invites us to center....

Sung Response

The Lord's Prayer (sung)

A TIME OF RISING

***HYMN:** Go, Make a Difference 209MV

***BLESSING**

***SUNG BLESSING** Go Now in Peace, Guided by the Light 211MV

POSTLUDE

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**WEEKLY OFFERING** – We are grateful for your financial gifts to our 9 ministries. Please place your offering in the baskets provided on the communion table or on the table inside the main sanctuary doors before or after the worship service.

## TODAY AT KNOX

**11 AM TRUSTEE'S MEETING Room 5**  
**12 PM FIVE PEOPLE YOU MEET IN HEAVEN ... Lounge**

## ANNOUNCEMENTS

**Welcome to Our Service of Worship at Knox!** We extend a warm welcome to **all** who may be visiting with us this morning. Please know that visitors are welcome to participate in **every** part of our worship service. If you are visiting from near or from afar, thank you for finding your way to Knox. Together we seek God's grace; it is God who welcomes you. A nursery is available in Room 4 for children 0-3. Changing table is in the nursery.

### KNOX COMMUNITY NEWS

*It is with sadness that we inform you of the passing of Francisca "Frances" Barnum on Sunday, December 30, 2018. Please keep Francisca's sons, Ernie and Jeff, and their family and friends in your prayers as they grieve her passing. A celebration of life has been scheduled for Saturday, January 26, 2019 at 2 pm at Knox.*

## WORSHIP AND ARTS

**PRESBYTERY PRAYER CYCLE** – Prayers this week to Pacific Mountain Region Minister, Rev. Gail Miller.

## SOCIAL JUSTICE & OUTREACH

**THANK YOU TO THE CONGREGATION!** - Thank you so much for the many lovely donations to the Comfort tree. Your donations truly show your wonderful generosity towards the less fortunate. Haven House will be sincerely blessed with your giving spirit. Season's Greetings and many thanks from the Social Justice and Outreach Team.

**THE GREEN TEAM** - Greening our church and ourselves? The Green Team would love to hear your ideas. Contact us or join us at our meeting on **Monday January 7th at 10 am.**

## COLDEST NIGHT OF THE YEAR

**Feb. 23, 2019**

Join the **Knox United Church** team by registering

on-line at [www.coldestnightoftheyear.org](http://www.coldestnightoftheyear.org) listing

Margaret Warburton as Team Captain and event location as **OCEANSIDE/PARKSVILLE**. You can print your own Pledge Form or pick one up in the Narthex. All funds stay in Oceanside for the hungry, homeless and hurting. Walkers who raise \$150 do NOT have to pay the \$25 registration fee. Last year Knox United Church raised close to \$4,000.00. Well done. For more information contact Barb Roberts at 250-248-7171 or [barb664@shaw.ca](mailto:barb664@shaw.ca) or Margaret Warburton at 250-951-0538 or [warburton59@shaw.ca](mailto:warburton59@shaw.ca)



## FUN, FAMILY AND FRIENDS

**REEL THEOLOGY - January Worship at 10:00 am.** Join us in January for Reel Theology: spiritual messages from movies each week in worship and then watch the movie in its entirety after church in the lounge and enjoy a discussion afterward from 12:00 pm – 2:30 pm as we enjoy popcorn and beverages. Everyone welcome.

**UPCOMING: January 6:** Five People You Meet in Heaven  
**January 13:** Wall. E

**SISTERS UNITED** - The ladies of Knox and friends are warmly invited to the Sisters United Potluck dinner **January 7, 2019. Gathering 5:30 pm; dinner 6 pm and speaker 7 pm.** Our guest speaker will be **Roxey Edwards** who walked the Camino trail in northern Spain. She has written a book about her experience. Please bring a potluck dish to share, your own dishes and cutlery. Guests are welcome to come after dinner to listen to Roxey. Please arrive by **6:45 pm.** Please remember Knox is fragrance free. The coordinators are **Donna Kennedy, Cathy McInnes, Rhoda Perron and Kathleen Howard.**

## GMO THE HOMEGROUP FOR GRUMPY MEN ONLY

**OMG IT'S 2019!**



*"I'm a little bit older, a little bit wiser, a little bit rounder, but still none the wiser"*

--Ron Paul

Just men coming together to share and celebrate their grumpiness!  
**January 8<sup>th</sup> and 22<sup>nd</sup>**

All gallant & gracious men welcome!

**Info: [grumpymenonly@hotmail.com](mailto:grumpymenonly@hotmail.com)**

**UCW MEETING** Our first United Church Women's meeting for **2019** will be held, **TUESDAY, JAN. 8<sup>TH</sup> at 1:30 pm** in the Church Lounge. All women of the congregation are welcome to attend. We hope to see you there! Questions? Call **June McIntyre, 250-248-3119**

**UCW NEWS - UNUSED CHRISTMAS CARDS** - Please accept our sincere gratitude for your generous response to our request for unused Christmas cards. We now have some inventory for this coming Christmas as we write out almost 400 cards for each resident in the local Care Homes. **THANK YOU VERY MUCH!**

**QUALITY FOODS POINTS** - United Church Women save their Quality Food points to donate towards Food Vouchers which Quality Foods provides. These QF Food Vouchers are donated to the Discretionary Fund and distributed to those in immediate need of groceries.

**METAL PULL TABS** – United Church Women also save the metal pull tabs off canned soft drinks or other beverages. If you care to do this, please place the pull tabs you have collected and place them in the container located in the Photo Copy Room.

**USED EYE-GLASSES & CANCELLED POSTAGE STAMPS** - Also, United Church Women collect used eye-glasses which can be donated to a local charity who distributes them for us. And while we're at it, why not save cancelled postage stamps which can be used by the Eastern Star. If you save these unused, cancelled stamps, please place them in a container to be found in the Photo Copy Room.

**TEA + COFFEE SERVERS ARE NEEDED** following our Worship Services on **January 20 and 27**; and on **February 10, 17 and 24**. Please

contact Barb Roberts at [barb664@shaw.ca](mailto:barb664@shaw.ca) or 250-248-7171 if you can help.

**NEWCOMER'S MEET AND GREET** – Come meet Jennifer, Jenny and other leaders in the church for a little one on one and to meet a few of the “regular” Knox folks. Grab your coffee after the service and head to the chapel to meet other folks that may be as new and as nervous as you are! **The next meet and greet will be at the January 27<sup>th</sup>.**

## **SACRED SPACES**

**TILE WORK IN THE KNOX KITCHEN** - If you haven't been in our kitchen lately, please look at the beautiful white tile recently installed in the kitchen. Thanks to Al McLean along with the help of his friend Justin, who owns **ISLE TILE** in Nanoose, we have beautiful white tile above the counter on one side of the kitchen. You can't miss it. It upgrades our kitchen and thanks to the generosity of Al McLean and Justin, there was no charge to Knox. What a wonderful Christmas present. I would also like to thank Carmen Corbet for assisting by removing the paper towel dispenser and soap dispenser prior to the installation of the tile and installing them after the completion of the job. Also, thanks to Jan Laurie for coordinating this endeavour. Margaret Warburton, Co-Lead Sacred Spaces

## **STEWARDSHIP & FINANCE**

**organWORX AT KNOX** Subscription renewals or new subscriptions for the 2018-19 organWORX three-concert series may be purchased in the Narthex, through the Knox office, online via the Knox website at [www.kucparksville.ca/events](http://www.kucparksville.ca/events), and from the Mulberry Bush Bookstores in Parksville and Qualicum Beach. See the season brochure for details.

## **HEALING AND PASTORAL CARE**

**“IN THIS TOGETHER”** - Knox's emotional health, peer support, group meets every **Monday, 12:30 pm – 1:30 pm**, in room 6.

## HEALING MINISTRY – EVENING HEALING SESSIONS

Additional healing sessions now available on **Tuesdays** at **6 or 7 pm**. Please contact the office.

**A GUIDE TO ANXIETY MANAGEMENT - Saturday February 16th**, from **9:00 am to 5:00 pm**, the Healing Ministry are sponsoring this workshop facilitated by Pietro Abella. Drawing on his 28 years as a therapist and teacher, he will talk about how anxiety shows up in, and controls, our lives. He will share a technique he designed, which when self-applied, can potentially challenge and diminish anxiety's influence and control. The cost is **\$65**, if you register **before Jan 31st** and **\$75 after** that date. Registration is limited. If you have questions or would like to register, please contact **Lois Grill at (250)752-7599** or [vicechair@kucparksville.ca](mailto:vicechair@kucparksville.ca)

## MINISTRY & PERSONNEL

**Rev. Jennifer Ferguson: Monday-Thursday** (Please note: Jennifer's schedule varies with meetings etc. If you would like to meet with her for pastoral care, please call her to make an appointment at **250-927-6061**, or email [minister@kucparksville.ca](mailto:minister@kucparksville.ca) or leave a message in the office.)

**NOTE: Jennifer's days off are Fridays and Saturdays.**

**Church Office Hours: Monday to Friday 9 – 3  
& Closed 12 -1**

**Facility Coordinator Hours: Mondays 11 – 3  
Tuesdays 1 – 4  
Thursdays 9 – 12**

## SPIRITUAL FORMATION

**DROP IN BIBLE STUDY** - With Jennifer Resumes Wednesday, **January 9th at 10:00 am**. With those gathered, we will delve into the scripture to be discussed in Worship for the upcoming week and discover how it applies to our own lives. All perspectives and insights are welcome.

**“AN OPEN EXPLORATION OF LIFE AFTER DEATH”** - Spiritual Formation will be hosting an exciting series of book studies on this topic.

If you are interested in attending please email our church office [admin@kucparksville.ca](mailto:admin@kucparksville.ca) so we may ascertain how many people will be at each session, and can order copies of the books.

1. **January 14th, 21st & 28th: 7 - 9 p.m.** *"Healing Grief"* by James van Praagh
2. **February 4th, 11th, & 18th: 7 - 9 p.m.** *"Many Lives, Many Masters"* by Brian Weiss
3. **February 28th, March 7th & 14th 10:00 - 12:00 p.m.** *"Passage to Eternity"* by Azmina Suleman
4. **March 21st & 28th; April 4th, 11th, 18th & 25th, May 2nd & 9th 10:00 – 12:00 p.m.** *"Destiny of Souls"* by Michael Newton  
**Jan du Monde Spiritual Formation co-chair**

**MEDITATION CLASSES** – For 6 weeks on **Thursdays at 10:00 am to 11:30 am** beginning **January 10th– February 14<sup>th</sup>**. This is a beginner's workshop for those who think they "just can't do it"! We learn various techniques and practice one or two each week in a group setting. Come and practice a smorgasbord of meditation techniques to help connect you more deeply with yourself and reduce stress and anxiety in your daily life. For more information call **Margo Pearson at 250-594-7469** or check out the info on the Knox website at: <https://www.kucparksville.ca/events>

## KNOX CALENDAR January 6 – January 13, 2019

### Sunday, Jan 6

|                   |                     |           |
|-------------------|---------------------|-----------|
| Worship Service   | 10:00 am – 11:00 am | Sanctuary |
| Trustee's Meeting | 11:00 am – 12:30 pm | Room 5    |
| FFF Movie         | 12:00 pm – 2:00 pm  | Lounge    |

### Monday, Jan 7

|                                                   |                     |             |
|---------------------------------------------------|---------------------|-------------|
| Green Team                                        | 9:30 am – 11:00 am  | Room 5      |
| Line Dancing                                      | 10:00 am – 12:00 pm | Rooms 1 & 2 |
| M & P Meeting                                     | 1:00 pm – 3:00 pm   | Room 5      |
| In this Together<br>(Mental Health Support Group) | 1:30 pm – 2:30 pm   | Room 6      |
| Sisters United                                    | 3:30 pm – 9:00 pm   | L/K         |
| Handbell Choir                                    | 7:00 pm – 8:30 pm   | Sanctuary   |

**Tues, Jan 8**

|                  |                    |             |
|------------------|--------------------|-------------|
| Healing Ministry | 9:30 am – 11:30 am | Room 6      |
| UCW              | 1:00 pm – 3:00 pm  | L/K         |
| Healing Ministry | 6:00 pm – 8:00 pm  | Room 6      |
| Community Choir  | 7:00 pm – 9:30 pm  | Sanctuary   |
| AA               | 7:00 pm – 8:30 pm  | Rooms 1 & 2 |
| OA               | 7:30 pm – 8:30 pm  | Room 5      |

**Wed, Jan 9**

|                     |                     |           |
|---------------------|---------------------|-----------|
| Outreach            | 9:30 am – 12:00 pm  | Lounge    |
| Drop-in Bible Study | 10:00 am – 12:00 pm | Room 6    |
| Healing Ministry    | 1:15 pm – 4:00 pm   | Room 6    |
| Men's Club          | 2:00 pm – 4:00 pm   | Room 5    |
| Knox Choir          | 7:00 pm – 9:00 pm   | Sanctuary |

**Thursday, Jan 10**

|                       |                     |             |
|-----------------------|---------------------|-------------|
| Stewardship & Finance | 9:00 am – 11:00 am  | Rooms 1 & 2 |
| Meditation Workshop   | 10:00 am – 12:00 pm | Lounge      |
| Rainbows              | 6:30 pm – 8:00 pm   | All Rooms   |

**Friday, Jan 11**

|                  |                     |             |
|------------------|---------------------|-------------|
| Healing Ministry | 9:30 am – 11:30 am  | Room 6      |
| Manna            | 10:30 am – 12:00 pm | Kitchen     |
| OA               | 12:00 pm – 1:00 pm  | Room 5      |
| Line Dancing     | 6:00 pm – 7:00 pm   | Rooms 1 & 2 |

**Sunday, Jan 13**

|                 |                     |           |
|-----------------|---------------------|-----------|
| Worship Service | 10:00 am – 11:00 am | Sanctuary |
| FFF Movie       | 12:00 pm – 2:00 pm  | Lounge    |

**Additional Council Members**

|                 |                   |                           |
|-----------------|-------------------|---------------------------|
| Treasurer       | Ken Fanning       | acctg@kucparksville.ca    |
| Trustee Rep     | Wayne Larson      | larsonw@shaw.ca           |
|                 | Sandra Machan     | trustees@kucparksville.ca |
| Presbytery Reps | Rick Roberts      | rick.roberts@shaw.ca      |
|                 | Carol Ross        | rosscaa@hotmail.com       |
|                 | Ken Fanning       | acctg@kucparksville.ca    |
|                 | Jennifer Ferguson | minister@kucparksville.ca |

Member at Large Bob McInnes memberatlarge@kucparksville.ca

Roxey Edwards edwokr@shaw.ca

**Ministry Team Leads on Council**

|                         |                     |                                      |
|-------------------------|---------------------|--------------------------------------|
| Worship & Arts          | Shirlene Donnelly   | shirlene_donnelly@yahoo.com          |
| Spiritual Formation     | Jan du Monde        | sf@kucparksville.ca                  |
|                         | Margo Pearson       |                                      |
| Ministry & Personnel    | Mary Ellen Campbell | mandp@kucparksville.ca               |
| Healing & Pastoral Care | Mary-Allison Bell   |                                      |
|                         |                     | pastoralandhealing1@kucparksville.ca |
|                         | Maureen Loudon      | maureenloudon@shaw.ca                |
| Sacred Spaces           | Margaret Warburton  |                                      |

|                       |                |                                 |
|-----------------------|----------------|---------------------------------|
|                       |                | sacredspaces1@kucparksville.ca  |
|                       |                | sacredspaces2@kucparksville.ca  |
| Communications        | Ian Ward       | communications@kucparksville.ca |
| Fun, Family & Friends | Jo Dunn        | rosscaa@hotmail.com             |
| Social Justice        | Carol Ross     | ab.stewart@shaw.ca              |
| & Outreach            | Alison Stewart | djkparks@yahoo.ca               |
|                       | Donna Kennedy  |                                 |

**Healing Pathway Team** Lois Grill, vicechair@kucparksville.ca  
Coordinator

## Knox United Church Council 2018-19

**Executive Officers of Council**

Chair George Pearson george@kucparksville.ca  
Vice Chair Lois Grill vicechair@kucparksville.ca

Past Chair Gerry Garnett pastchair@kucparksville.ca  
Secretary Linda Nelson councilsec@kucparksville.ca

Stewardship & Finance Bev Harrison finance1@kucparksville.ca  
Minister Dennis Riley dpriley@shaw.ca  
Jennifer Ferguson minister@kucparksville.ca

## Knox United Church Email Addresses

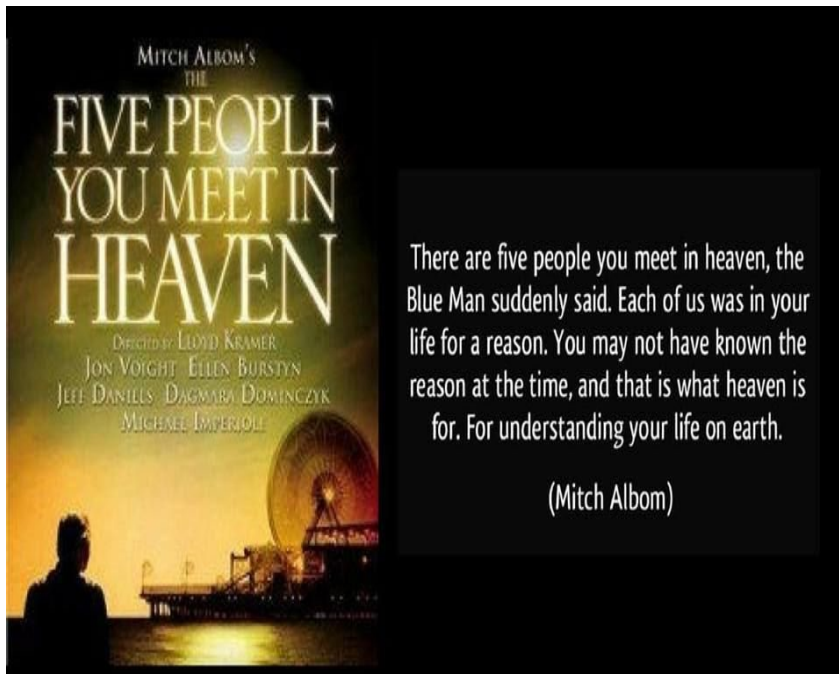
**Knox Staff Email Contact Info**

**Rev. Jennifer Ferguson, Minister:** [minister@kucparksville.ca](mailto:minister@kucparksville.ca)  
Jenny Vincent, Music Leader: [music@kucparksville.ca](mailto:music@kucparksville.ca)  
Jane Williams, Administrator: [admin@kucparksville.ca](mailto:admin@kucparksville.ca)  
Karen Freeman, Facility Coordinator: [facility@kucparksville.ca](mailto:facility@kucparksville.ca)  
Ken Fanning, Treasurer: [acctg@kucparksville.ca](mailto:acctg@kucparksville.ca)  
Kathleen Howard, Relief Admin: [knoxweekly@kucparksville.ca](mailto:knoxweekly@kucparksville.ca)

Tech Team:  
Library:  
Carmen Corbet, Custodian:  
Website:

[tech@kucparksville.ca](mailto:tech@kucparksville.ca)  
[library@kucparksville.ca](mailto:library@kucparksville.ca)  
[custodian@kucparksville.ca](mailto:custodian@kucparksville.ca)  
<https://www.kucparksville.ca>

## NOTES



***Sunday, January 6, 2019***

**Reel Theology:  
The Lights in our Lives**

*Knox United Church*